



BE WISE WALK TO ANYWHERE November 2025

Step up for safer communities. Walk anywhere, anytime, with anyone and help raise vital funds for the Pat Cronin Foundation's violence prevention programs. This November, rally your workplace to sign up for the Walk to Anywhere. Any day, any distance, with no defined step count and no pressure. It's a collective movement for a powerful cause that unites colleagues, friends and families to help End the Coward Punch.

Why Get Your Team Involved?

A Walk to Anywhere event is a great way to fundraise for the Pat Cronin Foundation's violence prevention education programs. As well as giving back to the community, it is a great way to boost team spirit and enhance your company's reputation.



Team Togetherness: Encourage staff to form a team, share photos and stories. Walk to Anywhere is a ready-made engagement activity that builds culture through movement and by shared supporting of a cause.



Flexibility: Walk when it suits your staff. In the morning, at lunch or after work. Outdoors, indoors, local park or your own neighbourhood. It all counts.



Recognition & Brand Alignment: We'll showcase participating businesses and teams, celebrating corporate champions who lead the way. It's a powerful opportunity to demonstrate your values and be visible as a force for good.



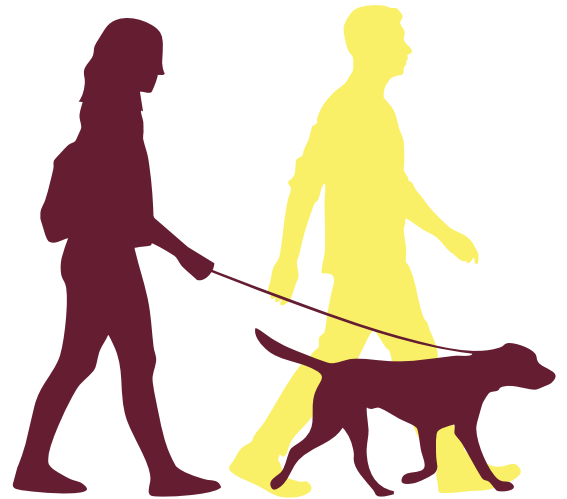
Wellness: Every walk – no matter the distance – boosts physical and mental wellbeing while also raising vital funds to support the Pat Cronin Foundation.



What Is the Be Wise Walk to Anywhere?

The Be Wise Walk to Anywhere is a month of action reminding Australians to: Be Wise. Think Carefully. Act Kindly. It provides an opportunity for people who cannot participate in the Be Wise Walk on Sunday 23rd November in Melbourne to create their own awareness and fundraising event to support the work of the Pat Cronin Foundation educating young Australian on why violence is never OK.

The Be Wise Walk celebrates 10 years in 2025, and the Walk to Anywhere has been happening for 7 years. In previous years, it has included groups of people walking throughout Victoria and Western Australia and internationally in France, UK and USA!



When Is the Be Wise Walk to Anywhere and Be Wise Walk?

The Be Wise Walk to Anywhere takes place throughout **November 2025** and embraces one of the Foundation's major awareness and fundraising events, the Be Wise Walk on **Sunday 23 November**.

Your Impact

Every walk makes a difference.

\$150

Funds one teacher-led classroom program.

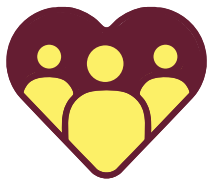
\$500

Puts a Be Wise Activity Kit in a Primary School helping all students.

\$1000

Educates one school group of 200 secondary students.





Ready to Lead the Way?

The Be Wise Walk to Anywhere is more than just a challenge. It's meaningful action that unites people, strengthens connections, and helps create a safer community for everyone.

Register your business team today in 4 easy steps:

1. Register your company team [here](#).
2. Create your team page and invite colleagues to join.
3. Get out and Walk to Anywhere, stepping any day, any distance throughout the month of November.
4. Fundraise together and make an impact that goes beyond the workplace.
5. Once you've registered download the poster, social media tile, video and conversation sheet.
6. People around Australia are walking their way. Tag **#bewisewalktoanywhere** on your social media posts to share how you're getting involved!

Who Are the Pat Cronin Foundation and What Do We Do?

Established in 2016, the Pat Cronin Foundation provides an optimistic voice by empowering young Australians to say no to violence. Pat Cronin was a 19-year-old killed by a Coward Punch in 2016 while helping a mate who was being attacked. The force of that punch fractured Pat's skull, causing an inoperable bleed on his brain. Two days later, Pat's parents, Matt and Robyn, made the agonising decision to turn off his life support.

We deliver our evidence based Be Wise education program to students from Prep/Foundation to Year 12 around Australia. Our Victorian and Australian Curriculum aligned program explores choices, consequences and violence prevention strategies. We use Pat's story as an illustration of what can happen when young people are faced with violence, and how wiser choices can be made. Using this approach, we know we have saved lives, prevented incidents and helped young people to reflect on and change their attitudes to violence.

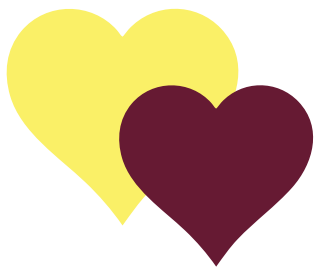


Our Be Wise Education Programs

Over one quarter of a million Australian young people have participated in a Be Wise education program. In 2025 alone, we will have delivered over 500 programs, engaging almost 85,000 young minds. Our mission is to drive a generational shift in attitudes to violence, creating safer communities.



Our Be Wise Live Wise Program demonstrates our commitment to promoting a culture of respect across all sports. It shares Pat's story and highlights to players, coaches, parents, and communities how to create safer, more supportive environments in sport and beyond. We work with clubs to prevent conflict becoming violent and to help people understand that every action, both on and off the field, has lasting consequences.



Our Be Wise Work Wise Program uses Pat's story to demonstrate how social violence could impact all of us either directly or indirectly. The presentation shows how conflict can flare into violence quickly in almost any context, whether that is workplace, sport, or in public. We also help people with strategies to prevent violence and suggest helpful ways to help parents or other family members and concerned adults to discuss these issues with younger people in their lives.

You can book a Be Wise Work Wise Presentation [here](#) and purchase merchandise [here](#).

Thanks to Our Partners

The Pat Cronin Foundation ensures our partnerships are positive and valuable for all involved and support our mission to empower young people to make wiser choices and End the Coward Punch.

We are incredibly grateful to our existing Partners who work closely with us to lead the way in creating safer communities.



If you are interested in discussing a partnership with us, please contact us.

 info@patcroninfoundation.org.au

 03 8578 2868

